



# Quick Shop (TM) Grocery List Supplement

## Sample Grocery List

3/27/01

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STORE LOCATION	INGREDIENT NEEDED	FOR USE IN...	SV.SZ.	COMMENT
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STORE LOCATION	INGREDIENT NEEDED	FOR USE IN...	SV.SZ.	COMMENT
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### Oils / Salad Dressings Isle

Salad Dressing	Lunch Salad **
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### Chips / Pretzels Isle

Tortilla Chips	Beans & Rice Dinner ***
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### Beverages / Mixes Isle

Iced Tea	Waffle Breakfast *
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Tea	Pastry Breakfast *
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### Soup Isle

Soup, Canned	Soup Lunch **
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### Gelatin Isle

Gelatin	Eggplant Entree ***
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### Beans / Rice Isle

Beans, 2 cups	Beans & Rice Dinner ***
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Rice	Beans & Rice Dinner ***
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### Syrups Isle

Syrup	Waffle Breakfast *
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### Canned Fruit Isle

Canned Fruit	Pastry Breakfast *
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### Baking Supply Isle

Bread Crumbs	Eggplant Entree ***
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Cake Mix	Cake Mix
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Pancake Mix, 16 oz.	Pancake Breakfast *
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### Cereal / Breakfast Isle

Oatmeal, Acme Brand	Oatmeal Breakfast *
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### Cookies / Crackers Isle

Cookies	Soup Lunch **
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Crackers, Soda	Soup Lunch **
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Crackers, Wheat	Lunch Salad **
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### Bread Isle

Bread	Grilled Cheese Lunch **
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Bread Sticks	Lunch Salad **
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Breakfast Roll	Oatmeal Breakfast *
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### Produce Dept.

Banana	Oatmeal Breakfast *
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Carrots, Pre-Cleaned & Peeled	Soup Lunch **
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Celery	Grilled Cheese Lunch **
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Eggplant	Eggplant Entree ***
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Lettuce, Large	Lunch Salad **
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Pear	Waffle Breakfast *
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Potato	Eggplant Entree ***
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Salad, Packaged	Eggplant Entree ***
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### Bakery Dept.

Pastries, 2	Pastry Breakfast *
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### Deli Isle

American Cheese	Grilled Cheese Lunch **
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### Dairy Isle

Butter	Eggplant Entree ***
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Butter	Waffle Breakfast *
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Eggs	Pancake Breakfast *
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Margarine	Grilled Cheese Lunch **
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Milk	Oatmeal Breakfast *
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Orange Juice	Pancake Breakfast *
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### Frozen Food Isle

Corn, Frozen	Beans & Rice Dinner ***
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Super Convenient Grocery List Automatically Prints in Store Order!

o Font size is expandable - great for seniors o All list components are completely changeable to suit your shopping needs o List order is customizable for any store - changes are a breeze